STRIDE is used to identify threats. Microsoft has documented the use and identification of threats comprehensively on their website:

<https://docs.microsoft.com/en-us/archive/blogs/heinrichg/stride-cia-and-the-modern-adversary>

<https://docs.microsoft.com/en-us/previous-versions/commerce-server/ee823878%28v%3dcs.20%29>

<https://msdn.microsoft.com/en-us/library/ff648644.aspx>.

This website covers much more than STRIDE and is a very informative read.